

# FROST

PERIODONTICS & DENTAL IMPLANTS

COMPREHENSIVE, INNOVATIVE, ESTHETIC SOLUTIONS

## **INSTRUCTIONS PRIOR TO ORAL OR IV SEDATION**

For your safety and protection, please follow these instructions:

- Please take any prescription medication as you routinely would. Please take the medicine with only 1 or 2 ounces of water.
- Do not eat anything 6 hours prior to your appointment. You may brush your teeth with water. You may drink water or clear liquids (coffee, tea, Gatorade, juice) until 2 hours prior to your appointment.
- A responsible adult must accompany you to and from your appointment. It will be that person's responsibility to be sure that you return home safely and rest for the next 24 hours. You must not be left alone the first 6 hours after sedation.
- Please bring the full name and phone number for your escort.
- Do not wear contact lenses or jewelry to your appointment.
- Loose fitting two-piece clothing is suggested for your comfort and for ease of placement of monitoring equipment.
- Short-sleeved shirts are very helpful. Do not wear high-heeled shoes as you may not be steady on your feet.
- A change in your health such as the development of a cold or fever is important. Please share that information with your doctor prior to your appointment.
- Payment is expected when services are rendered. You may wish to stop by the payment desk prior to your appointment so that you can leave immediately following your appointment.